

## BOXED GRAIN BOWLS & SALADS.

MYPORTAVIA.COM

### BOXED MEAL SALADS

INCLUDES: SPRING MIX LETTUCE, SHREDDED BEETS & CARROTS, RAINBOW SLAW, GRAPE TOMATOES, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW:

ROASTED TOFU (SMOKED HARISSA)	\$17.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$17.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$17.95
SEASONED STEAK (GARLIC PEPPERCORN)	\$18.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$19.95
ROASTED 4OZ SALMON (AVOCADO CREMOSA)	\$19.95



### DAIRY FREE & GLUTEN FREE SALADS & BOWLS

OLIVE OIL BASED  
*house dressings*

### BOXED GRAIN BOWLS

INCLUDES: KALE, SEASONED BROWN RICE, ROASTED SPROUTS, SLAW, ROASTED CORN, SEASONED CHICKPEAS, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW:

ROASTED TOFU (SMOKED HARISSA)	\$17.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$17.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$17.95
SEASONED STEAK (GARLIC PEPPERCORN)	\$18.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$19.95
ROASTED 4OZ SALMON (AVOCADO CREMOSA)	\$19.95

\*OUR DRESSINGS CONTAIN SUPERFOOD CONDIMENTS SUCH AS OLIVE OIL & APPLE CIDER VINEGAR.

## BOXED PANINI & WRAPS.



### BOXED GRILLED PANINI

ON A SELECTION OF GOURMET MANOUCHER ARTISAN BREAD.  
SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



**GRILLED VEGGIE** \$15.50  
AVOCADO GREMOLATA, GRILLED EGGPLANTS,  
GRILLED ZUCCHINI, PEPPERS & GOAT CHEESE

**CHICKEN ROMESCO** \$17.95  
ROMESCO SPREAD,  
ROASTED SWEET PEPPERS, GOAT CHEESE

**CHICKEN PICCANTE** \$17.95  
SALSA VERDE AIOLI, GRILLED HOT  
BANANA PEPPERS, SMOKED MOZZARELLA

**STEAK CLASSICO** \$18.95  
ROMESCO SPREAD, ROASTED  
SWEET PEPPERS, SMOKED MOZZARELLA

**STEAK SALSA VERDE** \$18.95  
SALSA VERDE AIOLI, GRILLED  
HOT BANANA PEPPERS, PROVOLONE

**PROSCIUTTO TARTUFO** \$19.95  
TRUFFLE DIJON AIOLI, GRILLED ZUCCHINI,  
BABY ARUGULA, PROVOLONE

**SMOKED SALMON** \$19.95  
TRUFFLE DIJON AIOLI, GRILLED ZUCCHINI,  
BABY ARUGULA, GOAT CHEESE

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*real  
food*  
REAL INGREDIENTS  
PREPARED FROM SCRATCH

### BOXED GRILLED WRAP

ROLLED IN A TORTILLA GARNISHED WITH BABY ARUGULA  
SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



**ROASTED VEGGIE WRAP** \$15.50  
AVOCADO GREMOLATA, ROASTED VEGGIES  
RAINBOW SLAW, GOAT CHEESE

**EGG & SALSA WRAP** \$15.50  
SALSA VERDE AIOLI, 3 EGGS, CREAMY SLAW  
PICO DE GALLO SALSA, MONTEREY CHEESE

**CHICKEN AVOCADO WRAP** \$17.95  
AVOCADO GREMOLATA, CREAMY SLAW  
PICO DE GALLO SALSA

**SPICY CHICKEN WRAP** \$17.95  
SALSA VERDE AIOLI, RAINBOW SLAW,  
MONTEREY CHEESE

**STEAK AVOCADO WRAP** \$18.95  
AVOCADO GREMOLATA, CREAMY SLAW  
PICO DE GALLO SALSA

**SPICY STEAK WRAP** \$18.95  
SALSA VERDE AIOLI, RAINBOW SLAW,  
MONTEREY CHEESE

**SMOKED SALMON WRAP** \$19.95  
TRUFFLE DIJON AIOLI, RAINBOW SLAW,  
GOAT CHEESE

## GROUP PLATTERS & SIDES.

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### GORUMET GROUP SIDE SALADS

FRESHLY PREPARED SIGNATURE SALADS SEASONED & DRESSED WITH HOUSE MADE OLIVE OIL BASED DRESSINGS. 80 OZ LARGE BOWL SERVES 8-12 GUESTS AS A SIDE DISH.

#### KALE & SLAW: \$45

Massaged kale, cabbage slaw lightly tossed in extra virgin olive oil, sea salt & peppercorn, with our house garlic peppercorn dressing on the side.

#### PORTA VIA SPECIAL: \$45

Spring mix, shredded beets, shredded carrots, grape tomatoes, cucumber, goat cheese, with our house citrus basil dressing on the side.

#### TOMATO BASIL: \$50

Diced cucumbers, tomatoes, charred zucchini & lemon, fresh basil, garnished with feta cheese, olives and caperberries, tossed with extra virgin olive oil, lemon juice, sea salt & cracked peppercorn.

#### ROASTED CAULIFLOWER & QUINOA: \$50

Roasted cauliflower, red quinoa, seasoned chickpeas, pico de gallo salsa, roasted corn, cranberries, tossed with our house citrus basil dressing.



### GRILLED PANINI & WRAP PLATTERS

A TASTEFUL SELECTION OF OUR TOP SELLERS, FRESHLY GRILLED & ARRANGED IN OUR ECO FRIENDLY PLATTER TRAYS. PAIR THEM UP WITH OUR GOURMET GROUP SIDE SALADS & SHAREABLE SIDE DISHES FOR A SHOW STOPPING PRESENTATION.

MEDIUM: (6 UNITS, 12 HALVES): \$95

LARGE: (12 UNITS, 24 IN HALVES): \$190

*a gourmet kitchen*

WITH SUSTAINABLE FOOD & SCRATCH COOKING AT OUR CORE.

## APPETIZERS.

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### SEAFOOD GRAZE (SERVES 15-20) \$165

Smoked salmon two ways, seared tuna carpaccio, fresh & grilled veggies, house remoulade, seasoned eggs, olives, caperberries, artisan toast & charred lemon.

*Serving clean food*

SINCE 2006.



### SPICY OLIVE BLEND (SERVES 10-15) \$30

Kalamata & green olives, jalapeno, caperberries, tossed with our signature house spicy salsa verde.

### HOUSE MADE SOUPS FROM SCRATCH: \$5.95

12 oz, Dairy free, gluten free, vegan. Choice of: Vegan tomato basil & a daily chef creation.

### CHARRED VEGGIE ANTIPASTO (SERVES 15-20) \$85

A seasonal selection of freshly grilled and roasted seasonal vegetables garnished with sea salt, extra virgin olive oil, cracked peppercorn and charred lemon.



# FAQ:

## HOW DO I ORDER FROM YOUR LOCATIONS?

Visit our website at [MYPORAVIA.COM](http://MYPORAVIA.COM) to place your order online. After clicking on ORDER ONLINE, there will be two options:

### ORDER NOW:

for pick up orders within 30-45 minute window or a future date.

### CATERING:

for a future date catered event or team lunch. It includes delivery.

## DO YOU DELIVER? IS THERE A FEE?

We deliver catering orders with a minimum of \$100 before taxes. Delivery fee is \$10-\$15 flat rate within the 10KM radius. Outside of that range may be subject to extra delivery fees.

## WHAT ARE YOUR DELIVERY WINDOWS?

Each location may have its own delivery availabilities & time schedules. For more information, contact a store directly. Our drivers need a half an hour window for order drops. For example if your order is scheduled for 11:30 AM, our drivers may be there from 11 to 11:30. They will contact the number on the order form so please be sure to pick up.

## DO YOU SET UP WHEN FOOD IS DELIVERED?

We try to help set up every single order for our clients. However sometimes we have multiple drops within 15 minute windows. If you absolutely need delivery to a meeting room and full set up, kindly advise us upon placing the order so we can schedule accordingly.

## DO YOU OFFER GLUTEN FREE MEALS? HOW ABOUT HALAL & VEGETARIAN?

All of our grain bowls and salads are gluten free. Our soups are vegan and gluten free. All of our chicken is sourced halal. We also have plenty of seafood and vegetarian options.

## WHAT ARE YOUR REFUND AND CANCELLATION POLICIES?

You can cancel an order by 2 PM on the previous day without any charges. Same day cancellations are subject to 70% food & labour cost.

## HOW OFTEN YOUR PRICES CHANGE?

Before the pandemic, we adjusted our prices every January to the inflation rate. Given the current supply chain issues across the world, our prices are subject to change at any time.