

BOXED GRAIN BOWLS & SALADS.

MYPORTAVIA.COM

BOXED MEAL SALADS

INCLUDES: SPRING MIX LETTUCE, SHREDDED BEETS & CARROTS, RAINBOW SLAW, GRAPE TOMATOES, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW.

ROASTED TOFU (SMOKED HARISSA)	\$17.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$17.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$17.95
SEASONED STEAK (GARLIC PEPPERCORN)	\$18.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$19.95
ROASTED 4OZ SALMON (AVOCADO CREMOSA)	\$19.95



BOXED GRAIN BOWLS

INCLUDES: KALE, SEASONED BROWN RICE, ROASTED SPROUTS, SLAW, ROASTED CORN, SEASONED CHICKPEAS, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW:

ROASTED TOFU (SMOKED HARISSA)	\$17.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$17.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$17.95
SEASONED STEAK (GARLIC PEPPERCORN)	\$18.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$19.95
ROASTED 4OZ SALMON (AVOCADO CREMOSA)	\$19.95

*OUR DRESSINGS CONTAIN SUPERFOOD CONDIMENTS SUCH AS OLIVE OIL & APPLE CIDER VINEGAR.



DAIRY FREE & GLUTEN FREE
SALADS & BOWLS

OLIVE OIL BASED
house dressings

BOXED PANINI & WRAPS.

MYPORTAVIA.COM



BOXED GRILLED PANINI

ON A SELECTION OF GOURMET MANOUCHER ARTISAN BREAD.
SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



GRILLED VEGGIE **\$15.50**
AVOCADO GREMOLATA, GRILLED EGGPLANTS,
GRILLED ZUCCHINI, PEPPERS & GOAT CHEESE

CHICKEN ROMESCO **\$17.95**
ROMESCO SPREAD,
ROASTED SWEET PEPPERS, GOAT CHEESE

CHICKEN PICCANTE **\$17.95**
SALSA VERDE AIOLI, GRILLED HOT
BANANA PEPPERS, SMOKED MOZZARELLA

STEAK CLASSICO **\$18.95**
ROMESCO SPREAD, ROASTED
SWEET PEPPERS, SMOKED MOZZARELLA

STEAK SALSA VERDE **\$18.95**
SALSA VERDE AIOLI, GRILLED
HOT BANANA PEPPERS, PROVOLONE

PROSCIUTTO TARTUFFO **\$19.95**
TRUFFLE DIJON AIOLI, GRILLED ZUCCHINI,
BABY ARUGULA, PROVOLONE

SMOKED SALMON **\$19.95**
TRUFFLE DIJON AIOLI, GRILLED ZUCCHINI,
BABY ARUGULA, GOAT CHEESE

real food

REAL INGREDIENTS
PREPARED FROM SCRATCH

BOXED GRILLED WRAP

ROLLED IN A TORTILLA GARNISHED WITH BABY ARUGULA
SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



ROASTED VEGGIE WRAP **\$15.50**
AVOCADO GREMOLATA, ROASTED VEGGIES
RAINBOW SLAW, GOAT CHEESE

EGG & SALSA WRAP **\$15.50**
SALSA VERDE AIOLI, 3 EGGS, CREAMY SLAW
PICO DE GALLO SALSA, MONTEREY CHEESE

CHICKEN AVOCADO WRAP **\$17.95**
AVOCADO GREMOLATA, CREAMY SLAW
PICO DE GALLO SALSA

SPICY CHICKEN WRAP **\$17.95**
SALSA VERDE AIOLI, RAINBOW SLAW,
MONTEREY CHEESE

STEAK AVOCADO WRAP **\$18.95**
AVOCADO GREMOLATA, CREAMY SLAW
PICO DE GALLO SALSA

SPICY STEAK WRAP **\$18.95**
SALSA VERDE AIOLI, RAINBOW SLAW,
MONTEREY CHEESE

SMOKED SALMON WRAP **\$19.95**
TRUFFLE DIJON AIOLI, RAINBOW SLAW,
GOAT CHEESE

GROUP PLATTERS & SIDES.

MYPORTAVIA.COM

GOURMET GROUP SIDE SALADS

FRESHLY PREPARED SIGNATURE SALADS SEASONED & DRESSED WITH HOUSE MADE OLIVE OIL BASED DRESSINGS. 80 OZ LARGE BOWL SERVES 8-12 GUESTS AS A SIDE DISH.

KALE & SLAW: \$45

Massaged kale, cabbage slaw lightly tossed in extra virgin olive oil, sea salt & peppercorn, with our house garlic peppercorn dressing on the side.

PORTA VIA SPECIAL: \$45

Spring mix, shredded beets, shredded carrots, grape tomatoes, cucumber, goat cheese, with our house citrus basil dressing on the side.

TOMATO BASIL: \$50

Diced cucumbers, tomatoes, charred zucchini & lemon, fresh basil, garnished with feta cheese, olives and caperberries, tossed with extra virgin olive oil, lemon juice, sea salt & cracked peppercorn.

ROASTED CAULIFLOWER & QUINOA: \$50

Roasted cauliflower, red quinoa, seasoned chickpeas, pico de gallo salsa, roasted corn, cranberries, tossed with our house citrus basil dressing.



GRILLED PANINI & WRAP PLATTERS

A TASTEFUL SELECTION OF OUR TOP SELLERS, FRESHLY GRILLED & ARRANGED IN OUR ECO FRIENDLY PLATTER TRAYS. PAIR THEM UP WITH OUR GOURMET GROUP SIDE SALADS & SHAREABLE SIDE DISHES FOR A SHOW STOPPING PRESENTATION.

MEDIUM: (6 UNITS, 12 HALVES): \$95

LARGE: (12 UNITS, 24 IN HALVES): \$190

a gourmet kitchen

WITH SUSTAINABLE FOOD & SCRATCH COOKING AT OUR CORE.

APPETIZERS.

MYPORTAVIA.COM



SEAFOOD GRAZE (SERVES 15-20) \$165

Smoked salmon two ways, seared tuna carpaccio, fresh & grilled veggies, house remoulade, seasoned eggs, olives, caperberries, artisan toast & charred lemon.

Serving clean food
SINCE 2006.



SPICY OLIVE BLEND (SERVES 10-15) \$30

Kalamata & green olives, jalapeno, caperberries, tossed with our signature house spicy salsa verde.

HOUSE MADE SOUPS FROM SCRATCH: \$5.95

12 oz, Dairy free, gluten free, vegan. Choice of: Vegan tomato basil & a daily chef creation.

CHARRED VEGGIE ANTIPASTO (SERVES 15-20) \$85

A seasonal selection of freshly grilled and roasted seasonal vegetables garnished with sea salt, extra virgin olive oil, cracked peppercorn and charred lemon.



FAQ:

HOW DO I ORDER FROM YOUR LOCATIONS?

Visit our website at [MYPORTAVIA.COM](https://myportavia.com) to place your order online. After clicking on ORDER ONLINE, there will be two options:

ORDER NOW:

for pick up orders within 30-45 minute window or a future date.

CATERING:

for a future date catered event or team lunch. It includes delivery.

DO YOU DELIVER? IS THERE A FEE?

We deliver catering orders with a minimum of \$100 before taxes. Delivery fee is \$10-\$15 flat rate within the 10KM radius. Outside of that range may be subject to extra delivery fees.

WHAT ARE YOUR DELIVERY WINDOWS?

Each location may have it's own delivery availabilities & time schedules. For more information, contact a store directly. Our drivers need a half an hour window for order drops. For example if your order is scheduled for 11:30 AM, our drivers may be there from 11 to 11:30. They will contact the number on the order form so please be sure to pick up.

DO YOU SET UP WHEN FOOD IS DELIVERED?

We try to help set up every single order for our clients. However sometimes we have multiple drops within 15 minute windows. If you absolutely need delivery to a meeting room and full set up, kindly advise us upon placing the order so we can schedule accordingly.

DO YOU OFFER GLUTEN FREE MEALS? HOW ABOUT HALAL & VEGETARIAN?

All of our grain bowls and salads are gluten free. Our soups are vegan and gluten free. All of our chicken is sourced halal. We also have plenty of seafood and vegetarian options.

WHAT ARE YOUR REFUND AND CANCELLATION POLICIES?

You can cancel an order by 2 PM on the previous day without any charges. Same day cancellations are subject to 70% food & labour cost.

HOW OFTEN YOUR PRICES CHANGE?

Before the pandemic, we adjusted our prices every January to the inflation rate. Given the current supply chain issues across the world, our prices are subject to change at any time.